

CHOSEN & CONFIDENT

DISCOVERING WHO GOD SAYS I AM



Wholeheart
MINISTRIES

6+ YEARS

Chosed & Confident: Discovering Who God Says I am
All rights reserved
Copyright © Whole Heart Ministries 2026

www.wholeheartministries.net

For information call: UK Tel: 020 8900 2090 | US Tel: 305-492-3602

Email: admin@jonaughton.com

No part of this material may be reproduced, stored, distributed or transmitted in any form or by any means, whether print, electronic, digital, downloadable, USB, mechanical, including photocopying, recording or by an information storage and retrieval system for the purpose of profit making without permission in writing from Whole Heart Ministries.

Permission is granted to duplicate copies as needed for the purpose of sharing with multiple leaders within the same church or organization only. All rights reserved.

All Artwork, Graphic and formats belong to Whole Heart Ministries.

A special thank you to Nana Anaman for content development and editorial support.

All visuals were taken from the illustrated book My Heart Matters which was illustrated by Mary-Grace Macharia. These illustrations have been adapted to fit the purposes of these teaching materials.

CONTENTS PAGE

SECTION ONE: ABOUT THE CURRICULUM

About The Curriculum.....	1-2
Prayer and Session templates	3-5
F.I.G.H.T for freedom – how to get the best from the curriculum.....	6

SECTION TWO: WEEKLY SESSIONS

Session 1: My Heart.....	7-9
Session 2: God Sees Our Hearts.....	10-13
Session 3: My Dreams.....	14-15
Session 4: God's Plans.....	16-18

SECTION THREE:

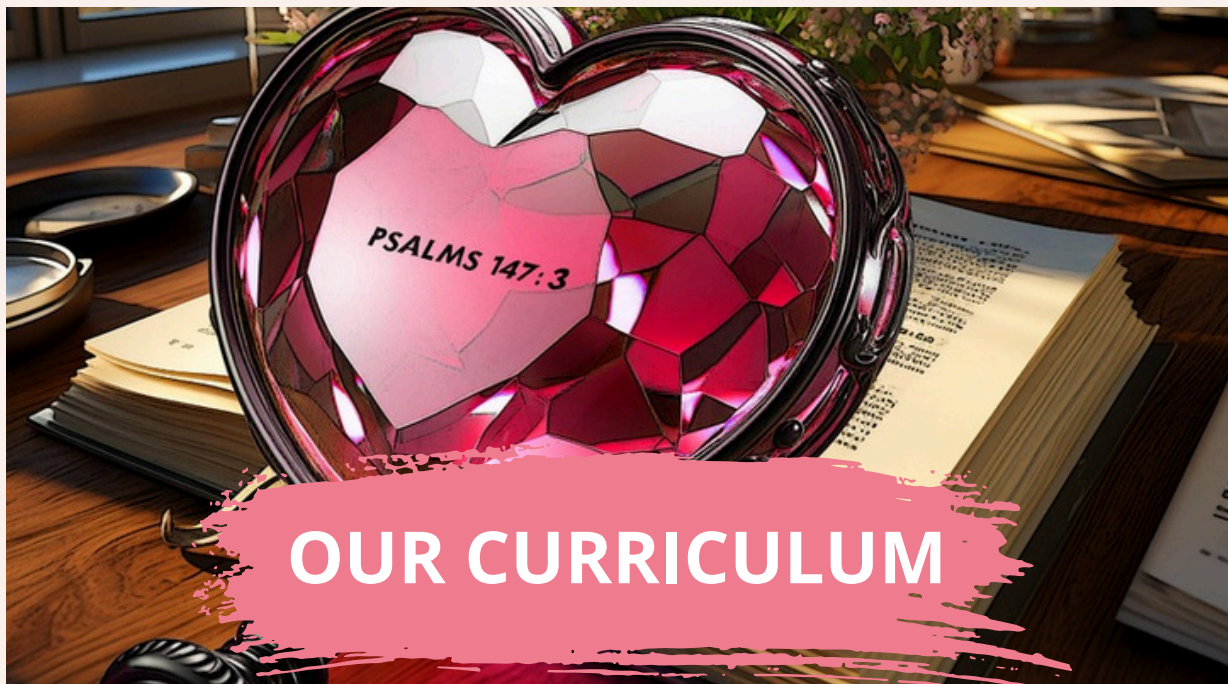
Further Resources & About Us.....	19-21
-----------------------------------	-------



SECTION ONE

ABOUT THE CURRICULUM





OUR CURRICULUM

Welcome to our Curriculum. It is dynamic and Holy Spirit-led, designed to help children discover their God-given identity and walk in the fullness of who they were created to be.

This curriculum is created to partner with the Holy Spirit, teaching and equipping children to stand strong in their freedom, joy and everything God has for them.

SESSION PLAN

Each week's session follows a plan designed to create an atmosphere for the children to receive from God and to draw out the gold from every lesson. Below, we set out the key sections that form one complete session. Let's work through the plan together to help equip you for your weekly session....

EXPLORATION: Introduces the topic to be explored and outlines the key points.

OBJECTIVES and TONE: Outlines the goals and outcomes for each session and provides guidance on the tone to adopt throughout the session.

KEY SCRIPTURE: This is the main scripture for the session. Reading several days before and reading in different versions may help for deeper insight.

ICEBREAKER: Activities created to introduce the exploration topic, help children to get comfortable and to open up and share.

HEART RECAP: A summary of the session using simple memorable bullet points.

SESSION OUTLINE: The core of the session, combining Scriptures, activities and context related to the topic.

MINISTRY TIME: After each session, there will be time for children to connect with God, express their feelings (including hidden hurts) and to receive healing. Encourage them to speak about their emotions, as this helps them release pain and invite God's healing. Be sensitive to the Holy Spirit, asking for His guidance to minister to the children powerfully and effectively.

To help guide ministry time, use this 4-step process: "S.T.O.P" created to help the children open their hearts to receive.

S - STOP: Help children to be still, lifting their hands ready to receive from the Lord.

T- THINK: Ask them to reflect on anything that made them sad, angry or upset.

O - OPEN: Encourage the children to allow the Holy Spirit to search their hearts and to reveal any hidden hurts. (Remind them that the Holy Spirit knows them).

P - PRAY: Invite the children to 'pour out their pain' by telling the Holy Spirit about how the memory/incident made them feel. Then lead the children in prayer, and pray for each child to be filled up with God's love.

SALVATION CALL: In each session give the children an opportunity to give/ rededicate their lives to God. This can be repeated in each session to allow every child (or newcomers) the opportunity to accept Jesus.

3-2-1 HEART CHECK: This is designed to recap key points of the session and includes:

- THREE** - Reflective questions
- TWO** - Scriptures or declarations
- ONE** - Prayer

Bonus: You can make this fun by counting down with the children and then shouting heart check e.g. "It's heart check time....Three, two, one....HEART CHECK!"

Takeaway: This may include an activity, homework or something similar to help children remember the lesson learnt from the session, throughout the week.

PRAYER TEMPLATES AND MINISTRY EXAMPLE

Here are some examples and templates of different styles of prayers created to help you.

POURING OUT PAIN PRAYER TEMPLATE

This style of prayer is used to help the children open up and recognise their pain, so that they can pour it out and give it to their Heavenly Father.

Dear Daddy God,

Thank You that You love me, and You care about the things that make me feel sad. It upset me when [share experience of what hurt them] and it made me feel [share emotion sad/angry/upset/confused/lonely].

Please take away the [pain/sadness/heaviness], bring Your healing power and heal my heart. I give you my [emotion: anger/sadness/loneliness]. Amen.

SALVATION CALL PRAYER TEMPLATE

This prayer is for children who want to accept Jesus as their Lord and Saviour (Best Friend).

Dear Lord Jesus,

Thank You for loving me. Thank You that You have a special plan for my life. I ask You to come into my heart today and be my Lord and my Best Friend. Please forgive me for all the wrong things I have done. Thank You for forgiving me when I say sorry.

I give my life to You, and I want to follow You always. Please help me to love You, listen to You, and walk in Your ways every day. In Jesus' name. Amen.



MINISTRY TIME (WORKED EXAMPLE)

Johnny remembers last week at school he got really upset that he did not have anyone to play with during lunchtime break/recess.

Before leading him in prayer, you may ask Johnny these questions to help him express and pour out how he felt:

- What happened?
- I'm so sorry that happened to you – did you find it difficult? Why?
- How did it make you feel?

By asking questions, you help Johnny identify any hidden hurts and put language to his experience.

Once Johnny has shared how he felt, lead him in prayer. You may use the prayer template (below) for guidance – however, when praying always be led by the Holy Spirit.

Dear Jesus,
It made me feel really sad and lonely when I had no one to play with. It made me feel like I was not good enough and that no one wants to be my friend, it made me feel really alone....

MINISTRY TIME (WORKED EXAMPLE CONTINUED)

Now that Johnny has poured out his pain, we are going to fill that void with the love of God through prayer and biblical declarations.

Dear Jesus,

Thank You that You love me, and that You chose me before I even knew who You were. Thank You that You promise never to leave me, and You always keep your promises which means I am never alone. Thank you that You care about the things that make me sad and that You have good plans for me. Thank You that You want me to have good friends. Help me to remember that I am never alone and that You are always with me.

DECLARATIONS

With your encouragement Johnny should now make some bold strong declarations (you can get him to repeat after you if that helps.)

I Declare:

“I am never alone because God is always with me.” - Hebrews 13:5

“When things make me upset I can go to God because He cares for me.” - 1 Peter 5:7

“God made me special, and He has a good plan for my life.” - Jeremiah 29:11

“When the enemy/Satan tries to make me sad/angry/disappointed, I know God wants to heal my heart and make me feel better.”

Ask Johnny how he’s feeling, noting some children may feel lighter and happy soon after, while others may take time to process their emotions.



F.I.G.H.T FOR FREEDOM

F.I.G.H.T FOR FREEDOM

This acronym will help the children get the best out of this curriculum and to equip everyone to stand strong, like soldiers, for their freedom in Christ.

F – Foster Connection

Make sessions personal and relatable through real-life stories and personal testimonies, that help the children understand their identity in Christ.

I- Involve Through Interaction

Children learn best through hands-on activities, games, and discussions. Incorporate role-playing, crafts, and storytelling to reinforce key identity principles. This provides creative ways to bring healing and identity teachings to children.

G- Give Space for Expression

Create a safe, judgment free environment where children feel valued and free to share their thoughts and emotions openly.

H – Highlight Truth with Scripture

Anchor sessions in the Word of God, using memory verses to strengthen their understanding of their identity in Christ.

T – Team up in Prayer and Community

Prayer and community are powerful tools. Pray over children and involve families through community platforms to extend learning and support beyond the session. You can create a private Facebook community or WhatsApp group where you share the session topic and key scriptures with parents/guardians and any testimonies too.

SECTION TWO

TEACHING SESSIONS





SESSION 1: WHO AM I?

EXPLORATION: Share who we are in Christ. This will help children live with confidence, purpose and love because they know they belong to Him.

OBJECTIVES:

By the end of the session, children will understand:

1. They are uniquely created by God and made in His image.
2. Their identity in Christ is based on being a child of God
3. They are loved, chosen, and special to God.

KEY SCRIPTURES:

- Genesis 1:27: "So God created mankind in his own image, in the image of God he created them; male and female he created them."
- 1 John 3:1 "See how very much our Father loves us, for he calls us his children, and that is what we are!"
- 1 Peter 2:9: "But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light."

ICEBREAKER: WHO AM I ?

Materials: Sticky notes, markers.

Instructions:

1. Write words of truth like 'Child of God', 'Special', 'Loved by God', 'Valuable', 'Chosen' on sticky notes.
2. Stick one note on each child's back.
3. Children walk around and read the words on others backs but can't tell them what it says.
4. Each child guesses the words on their back based on hints others give.
5. Conclude by explaining that these words are who they are in God because they are made in His image.

SESSION OUTLINE:

Read Genesis 1:27 and explain that being made in God's image means we are amazing and valuable.

Read 1 John 3:1 and explain that being God's actual child makes you very special.

Read 1 Peter 2:9 and discuss how God calls us chosen, royal, His treasure.

Discussion Questions:

What do you think it means to be made in God's image?

How does it feel to know that God chose you to be His son or daughter?

Activities

Mirror Craft: Made in God's Image

Materials: Paper plates, aluminium foil (for the mirror), glue, markers, stickers, and craft supplies.

Instructions:

1. Give each child a paper plate and a piece of foil to glue in the centre as a mirror
2. Around the plate, write Made in God's Image and decorate it with stickers and drawings.
3. Ask them to look in the mirror and remember they are created by God and loved by Him.

Message: Remind them every time they look in a mirror to say, I am made in God's image!

Identity Crown: I Am Chosen

Materials: Pre-cut paper crowns, markers, stickers, glitter.

Instructions:

1. Hand out the paper crowns and let the children decorate them.
2. On the front, write 'I Am Chosen' or 'Child of God'
3. While decorating, talk about how being a part of God's royal family makes them valuable and loved.

Message: Explain that the crown represents how special they are, and that they are part of God's royal family!

SALVATION CALL:

You may now invite the children to accept Jesus as their Lord and Saviour. Ask the children to close their eyes and ask if anyone would like to invite Jesus into their heart to be their Lord, Saviour and their Best Friend.... (Salvation Prayer Template is on page 3)

3-2-1-HEART CHECK:

(You can make this fun by counting down with the children and then shout heart check e.g. "It's heart check time....Three, two, one....HEART CHECK!")

THREE - Reflective questions

- 1.How does being made in God's image make you special?
- 2.How does knowing God chose you affect the way you see yourself?
- 3.How can you show people that you belong to God?

TWO - Declarations

Ask the children to repeat after you.

- 1.God made me in His image, and I am wonderfully created with a purpose. (Inspired by Genesis 1:27)
- 2.I am God's own child, I am chosen, special. I belong to Him, and I will shine His light wherever I go.

ONE - Prayer

Dear Father in Heaven,

Thank You for creating me in Your image and making me special. I know that I belong to You and that You have a wonderful plan for my life. Help me to see myself the way You see me, help me to be confident in who I am, and to shine Your love to others. Thank You for choosing me and calling me Your own. In Jesus' name, Amen.

TAKEAWAY: Give each child a small card with 1 Peter 2:9 written on it – encourage them to memorize it during the week and say it aloud each morning to remind themselves of their identity in Christ.



SESSION 2: MY TRUE WORTH

EXPLORATION: This session will help children become aware that their immense worth comes from being made by, and in the image of God. We will also help them heal from hurts that may have made them doubt their value.

OBJECTIVES:

By the end of the session, children will:

1. Understand that they are fearfully and wonderfully made and created by God with love, value and care.
2. Know that they are God's masterpiece, therefore worth a great deal.
3. Learn to reject negative thoughts and feelings and embrace God's truth.

KEY SCRIPTURES:

- Psalm 139:14: "I praise you because I am fearfully and wonderfully made; Your works are wonderful; I know that full well."
- Ephesians 2:10: "For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things He planned for us long ago."

SESSION OUTLINE:

Read Psalm 139:14 Discuss how God made each child unique and wonderful.

- What does it mean to be fearfully and wonderfully made?
- How does knowing God made you on purpose make you feel?
- Does making mistakes or doing wrong things change your value?

Craft Activity: God's Masterpiece

Materials: Plain paper, markers, and craft supplies (e.g. glitter, stickers).

Instructions:

1. Give each child a sheet of paper and ask them to draw a self-portrait.
2. Around their picture, they are to write words that describe who they are in God's eyes (e.g. Loved, Special, child of God)
3. Decorate the paper and title it 'God's Masterpiece.'

What does it mean to be God's masterpiece?

Have you ever been to an art museum or gallery, and there are pictures framed, hung up on the wall, sometimes the pictures have their own special lighting so every detail of the picture can be seen. Do you know why? It's because the pictures are works of art AND because they are very valuable!

Definition: A masterpiece is a work of art that is created with great skill and is considered to be the best of its kind. It is worth a great deal.

When God calls you His masterpiece, He is saying you are my beloved child, my piece of art, I created everything about you on purpose, even your heart is unique.

There is no one like you, and there will never be another like you! You are worth more than you could ever know!

Wow! Isn't that amazing to know that the God of all creation, who made the stars, mountains, seas...made you and calls you His masterpiece! Wow! Take a moment to let that sink in.

You can use this moment to invite the children to settle down! Ask them to close their eyes and declare over them the truth of this verse:

You are God's masterpiece, God made you with so much love and care! You are so special in His eyes. The God of all creation searched through all of eternity and He decided that the world would be a much better place with you in it, so He chose you and created you in His very own image. He made you powerful, strong and intelligent. He made you to be loved and to give love. He created you to change the world and to be His light in a dark world. There is no one like you and God loves you just the way you are.

Remind the children:

Your worth comes from being; made by God, made in the image of God and from being God's child.

MINISTRY TIME: Here we will help children identify any words spoken or experiences that made them feel they are not valuable. Then we will invite Jesus to heal.

Stop.Think.Open.Pray (STOP)

STOP – Encourage the children to be still and quieten down, suggest children raise their hands, as if waiting to receive something from their Heavenly Father.

THINK – Have people ever said things that hurt your feelings or done things that made you think you are not good enough. Think about some of the things that you may have said to yourself or thoughts you have had which were not very nice or kind to yourself.

OPEN – Invite the children to open up their hearts and allow the Holy Spirit to search their hearts and bring His healing.

PRAY – Encourage children to talk to Jesus about any memories or conversations that made them feel that they are not good enough. Have you felt lonely? Left out? Ignored? Do you feel upset about anything that happened? Then lead them in a prayer together:

Dear Lord Jesus,

Thank You that You love me so much and created me exactly the way You dreamt me to be. Thank You that You chose me to be Your child, which makes me royalty! Thank You that there is nothing I could ever do that could ever make You stop loving me! Thank You that my worth is found in being Your child, not what I do or who I am but by being Your son or daughter. In Jesus' name. Amen

SALVATION CALL:

You may now invite the children to accept Jesus as their Lord and Saviour. Ask the children to close their eyes and ask if anyone would like to invite Jesus into their heart to be their Lord, Saviour and their Best Friend.... (Salvation Prayer Template is on page 3)

Group Affirmation Circle

Sit in a circle and have each child say something positive about the person sitting next to them. Reinforce that God sees them in an even greater light, full of love and purpose.



3-2-1-HEART CHECK:

(You can make this fun by counting down with the children and then shout heart check e.g. "It's heart check time....Three, two, one....HEART CHECK!")

THREE – Reflective questions

- 1.What does it mean to be fearfully and wonderfully made by God?
- 2.How do you think God sees you, and how does that make you feel?
- 3.What should you do when you feel like you're not good enough or compare yourself to others?

TWO – Declarations

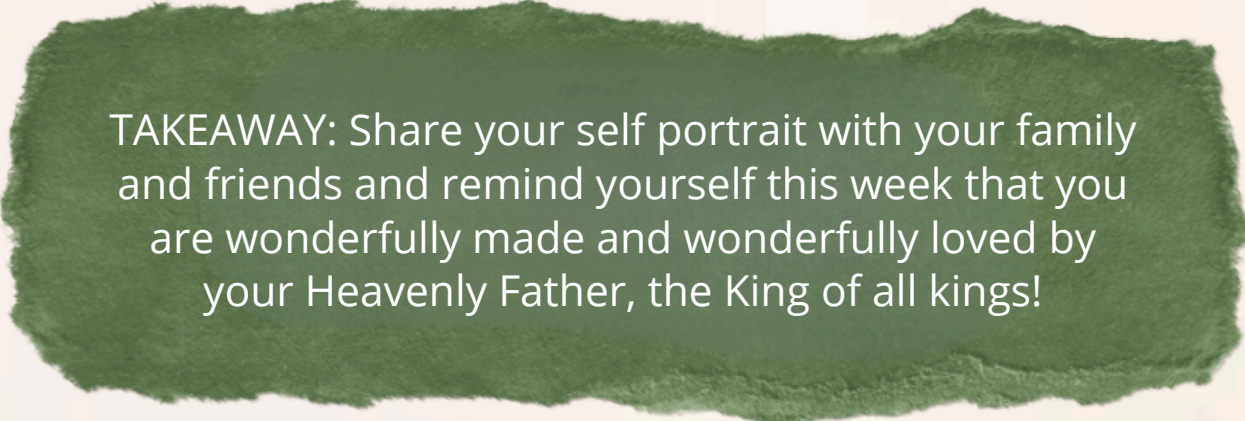
Ask the children to repeat after you.

1. I am fearfully and wonderfully made, and God loves me just as I am. (Psalm 139:14)
2. I am God's masterpiece, created for a special purpose. (Ephesians 2:10)

ONE – Prayer:

Dear Lord Jesus,

Thank You for making me special and unique. I know that I am Your masterpiece, and You created me with love and purpose. Help me to see myself the way You see me and to believe in the amazing plans You have for my life. When I feel unsure or compare myself to others, remind me that I am wonderfully made by You. In Jesus' name, Amen.



TAKEAWAY: Share your self portrait with your family and friends and remind yourself this week that you are wonderfully made and wonderfully loved by your Heavenly Father, the King of all kings!



SESSION 3: GOD'S VIEW OF ME

EXPLORATION: For each child to come to the realization they have been made in the image of God. We will help build their confidence on what God says about them, not on what others think or say.

OBJECTIVES:

By the end of the session, children will:

1. Understand they are created in God's image beautifully reflecting His goodness and love.
2. Recognise that the picture they have of themselves should not be based on appearance or people's opinions, but on what God says.
3. Learn to speak and believe God's truth about themselves.

KEY SCRIPTURES:

- Genesis 1:27: So, God created mankind in his own image, in the image of God he created them; male and female he created them.
- Psalm 139:14: I praise you because I am fearfully and wonderfully made; your works are wonderful; I know that full well

SESSION OUTLINE:

Bible Exploration: Created in God's Image

Read Genesis 1:27 and discuss what it means to be made in God's image.

Read Psalm 139:14 and explain how God created each child wonderfully.

Ask: What do you think it means to be made in God's image?

Does this mean physically? Since God is Spirit (John 4:24) we are referring to the nature of God. What's something special about how God made you?

Craft Activity: God's Masterpiece Mirror

Materials: Small handheld mirrors, stickers, markers, paper frames.

Instructions:

1. Give each child a mirror and let them decorate it with stickers and markers.
2. Around the frame, write: I am fearfully and wonderfully made.
3. Encourage children to look in the mirror and thank God for how He made them, that God created each of them with love and care, in His image.

Group Activity: Words of Life

Sit in a circle and have each child say something kind about the person next to them (e.g., You're good at helping, You're really friendly).

Remind them that God sees each one as full of value and love.

MINISTRY TIME: The purpose of this session is to help children identify any hurts or disappointments that have stopped them from believing they are made in God's image.

Stop.Think.Open.Pray (STOP)

STOP – Encourage the children to be still and quieten down, suggest children raise their hands, as if waiting to receive something from their Heavenly Father.

THINK – Think of any times that people have said things that have made you dislike yourself, it could be words, actions, things said or done to you.

OPEN - Invite the children to open up their hearts and allow the Holy Spirit to bring His healing.

PRAY – Tell Jesus about any time when you felt small or bad about yourself. Recall any words that may have been said to you that made you sad, or thoughts you have thought about yourself which are not very nice. Tell Jesus how you felt about yourself. Lead the children in prayer using the prayer template below.

Dear Lord Jesus,

Sometimes things people have said or done to me have made me feel sad and made me not like myself. I give you any mean word or sad or bad thought. I give them to you Lord Jesus. Thank you Lord for loving me and healing my heart. In Jesus' name Amen.

SALVATION CALL:

You may now invite the children to accept Jesus as their Lord and Saviour. Ask the children to close their eyes and ask if anyone would like to invite Jesus into their heart to be their Lord, Saviour and their Best Friend.... (Salvation Prayer Template is on page 3)



SESSION 4: I AM UNIQUE

EXPLORATION: In this final session we will help children understand that God designed each child intentionally and with love and purpose. Each child is not an accident or a copy of anyone else.

OBJECTIVES:

By the end of this session, children will be able to:

1. Recognize they are uniquely created by God with a special purpose.
2. Celebrate their uniqueness and appreciate the differences in others.

KEY SCRIPTURES:

- Psalm 139:13-14:2 “For you created my inmost being you knit me together in my mother’s womb. I praise you because I am fearfully and wonderfully made; your works are wonderful; I know that full well”
- Genesis 1:27: “So God created mankind in his own image, in the image of God he created them; male and female he created them”.

What’s Unique About Me Game

Materials: None needed.

Instructions:

1. Sit the children in a circle.
2. Each child shares one thing that makes them special (eg I love to sing, I can run really fast, I help my friends)
3. After everyone shares, discuss how God made each of them unique, and they are all special in His eyes.

SESSION OUTLINE:

Activities

Bible Exploration: Fearfully and Wonderfully Made

Read Psalm 139:13-14 and explain how God personally made each child, knitting them together in their mother's womb.

Read Genesis 1:27 and discuss how being made in God's image means they are valuable and reflect God's character.

Discussion Questions:

How does it feel to know that God made you unique?

Share one thing about yourself that reminds you of God's love?

Craft Activity: God's Thumbprint Art

Materials: Paper, washable ink pads, markers.

Instructions:

1. Have each child press their thumb into the ink pad and stamp it onto the paper.
2. Around their thumbprint, ask them to draw or write things that make them special (eg I am a good friend, I am creative)
3. Explain that, like their thumbprint, no one else is exactly like them, and God made them one of a kind.

Group Activity: Special in God's Eyes Compliment Circle

Sit in a circle & take turns to share a kind thing about the person to their right.

Discuss how God sees the good in each of them and how they can remind others of their uniqueness through kind words.

MINISTRY TIME: Help children identify any hurts that stopped them from appreciating their unique gifts and the things that make them different and special.

Stop.Think.Open.Pray (STOP)

STOP – Encourage the children to be still and quieten down. Suggest children raise their hands, as if waiting to receive something from their Heavenly Father.

THINK – Think of any things that have happened that made you wish you were different.

OPEN – Invite the children to open up their hearts and allow the Holy Spirit to search their hearts and bring His healing.

PRAY – Tell the Holy Spirit of any memories that made you feel sad or made you wish you were different from who God made you to be. Lead children in prayer.

Dear Lord Jesus,

Thank you for making me special! You made me with love, and I am so glad you did. Help me remember that I am important to You, no matter what. When I feel sad or left out, remind me that I am loved and chosen. Thank you for loving me just as I am. Help me to be kind and remember everyone is special. In Jesus' name Amen.

3-2-1-HEART- CHECK:

(You can make this fun by counting down with the children and then shout heart check e.g. "It's heart check time....Three, two, one....HEART CHECK!")

THREE – Reflective questions

1. What are some things that make you different from others? How do they show God's creativity?
2. How does knowing that you are made in God's image make you feel about yourself?
3. How can you use your unique talents and personality to bring glory to God?

TWO – Scriptures or declarations

1. I am fearfully and wonderfully made by God (Psalm 139:14)
2. I am created in God's image, and I am special.(Genesis 1:27)

ONE – Prayer:

Dear Lord Jesus,

Thank you for making me special! You made me with love, and I am so glad you did. Help me remember that I am important to You, no matter what. When I feel sad or left out, remind me that I am loved and chosen. Thank you for loving me just as I am. Help me to be kind and remember everyone is special. In Jesus' name Amen.

TAKEAWAY:

Draw or create a collage with pictures, words, or symbols that represent what makes you unique (your talents, favourite things, family, personality, etc.).
Write Psalm 139:14 on the bottom of your collage and decorate it.
Share it with a family member and tell them one reason why you are thankful God made you unique.

SECTION THREE

FURTHER RESOURCES & ABOUT US



FURTHER RESOURCES

Our Books

My Heart Matters - A Child's 10 Day Journey with Jesus – by Jo Naughton. My Heart Matters will help your child deal with life's inevitable hurts, and it will lead them on a precious journey with Jesus. This beautifully illustrated book provides the tools to overcome the challenges of everyday life, that even the youngest of children can apply and live by.

Parents Please Read – by Jo Naughton. This book will help you lead and teach your children to know their immense worth and help ground them so that they can be secure and strong. It will also help you to bring them on a journey to intimacy with Jesus.

Both books are available at wholeheartministries.net/books.

The Heart Academy

How to Raise Secure Children

This is a 4 week zoom course run by our healing school: The Heart Academy. This course will equip adults to bring healing to children. This course will help guide you on how to lead children on a journey of healing, restoration and freedom.

There are a variety of other in-depth and life changing zoom courses. Each course is designed to bring freedom and healing that will enable you to fulfil your destiny.

In Person Events

Whole Heart Ministries is passionate about bringing healing, restoration and freedom to everyone. We have various in person and online events to bring healing and restoration. We also have twinned conferences available for adults, children and the whole family.

For more details on available resources please visit: [**wholeheartministries.net**](http://wholeheartministries.net)

We would love to hear any testimonies/video testimonies or feedback you may have. Please email us at: admin@jonaughton.com

How to stay plugged in and keep in touch

We would love to stay connected with you and help you, your children and loved ones stay on their healing journey.

Please visit wholeheartministries.net to find details about upcoming events, conferences and courses. You can also sign up to join our database so you can receive information about our events and courses.

How You Can Help

1. Sponsorship - As well as helping all families, God has called us to bring restoration to children who have been traumatised by trafficking and abuse. You can continue to help us bring healing to children by contributing towards our God-given mission to restore and heal children. Whether your sponsorship/contribution would go towards covering costs of events, resources or to underwrite elements of our events, your financial support could make a huge difference.
2. Partnership - Our partners undergird this precious ministry. Please consider becoming a 'Heal My Children' monthly partner by visiting wholeheartministries.net/heal-my-children
3. Promote - Please join us in getting this important message and expression of God's love to children and families in your nation and across the world. Please share with family, friends and across all social media platforms.

A BIG thank you and God bless you!

ABOUT US

Whole Heart Ministries

Whole Heart Ministries, founded by Jo Naughton alongside her husband Paul Naughton, exists to bring deep healing, joy, and freedom to God's people. With a powerful team of trained ministers, this ministry was birthed by God to heal hearts, restore lives, and empower believers to walk in and fulfil their God given destiny. As this ministry equips people to pursue, fight for, and maintain their freedom, our mandate is best summed up in the phrase: "Freedom Fighters."

Through the transforming work of the Holy Spirit, Whole Heart Ministries helps people break free from past pain, encounter God's love, and step boldly into their calling. This ministry equips and releases God's people to overcome constraints and live for Jesus.

Alongside this curriculum, The Heart Academy offers short Zoom courses focused on healing and destiny. Our mentoring networks support believers in growing with God and walking in their purpose. Details of these resources are available at wholeheartministries.net.

Bringing Healing To Children

In a world where children face constant pressure and identity challenges, Heal My Children was birthed on July 4th, 2023, from a God-given directive to Jo, Founder of Whole Heart Ministries, to bring healing to young hearts.

This Holy Spirit-led movement helps children overcome wounds like rejection, insecurity, and loss through God's love and truth. As they receive healing, they grow in confidence, strength, and purpose—equipped to stand firm in their faith and shine as lights in a broken world.

We offer conferences in UK and USA, courses, books, and resources for families, churches, and schools worldwide.

Visit wholeheartministries.net/heal-my-children and watch Jo share how God revealed His heart for His children.

CHOSEN & CONFIDENT

DISCOVERING WHO GOD SAYS I AM

This is a dynamic, Holy Spirit-led curriculum designed to help children discover their God-given identity and walk in the fullness of who they were created to be.

Rooted in Biblical truth, this program guides children aged 6+ years and older through foundational topics such as the heart, dreams, self-worth, self-image, uniqueness, and individuality.

Through engaging, interactive sessions, children will learn to hear God's voice, grow in their spiritual gifts, and experience the freedom and empowerment that come from knowing who they are in Christ.

Designed specifically for children's churches, schools, small groups and families, this Identity Curriculum encourages young believers to develop a deep relationship with God, embrace their calling, and shine brightly in their unique gifts.

Each session is crafted to activate faith, nurture confidence, and equip children to make a lasting impact in the world around them.

WHOLEHEARTMINISTRIES.NET

